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# The Winner Within: A Life Plan For Team Players





## Synopsis

### **Book Information**

Paperback: 272 pages Publisher: Berkley (October 1, 1994) Language: English ISBN-10: 0425141756 ISBN-13: 978-0425141755 Product Dimensions: 6.1 x 0.7 x 9 inches Shipping Weight: 14.4 ounces (View shipping rates and policies) Average Customer Review: 4.7 out of 5 stars 51 customer reviews Best Sellers Rank: #49,558 in Books (See Top 100 in Books) #6 inà Â Books > Sports & Outdoors > Basketball > Coaching #186 inà Books > Sports & Outdoors > Coaching #482 inà Â Books > Business & Money > Business Culture > Motivation & Self-Improvement

#### **Customer Reviews**

In the 1940s, mathematician John von Neumann developed "game theories" utilizing models taken from games of strategies and chance. In the 1980s, basketball coach Riley (Showtime) called on these ideas and others to craft his own theories about motivation, selfishness, teamwork, complacency, winning and "choking" that have lead to NBA championships and "Coach of the Decade" honors. Here he outlines his theories, and recounts his successes and infrequent failures with the Lakers and the Knicks in a superb, candid study. Yet Riley also maintains that his concepts work in large and small businesses. He provides vivid examples of how the "winner within" each of us can adapt his ideas to all types of team play, whether in the sports arena, in daily life, or in the marketplace. This book should have wide appeal among sports fans, coaches and people looking for realistic managerial practices useful to non-experts. Copyright 1993 Reed Business Information,

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Riley, the coach of the New York Knicks and the author of Show Time (LJ 8/88), combines popular trends in business management, including team-building, with highlights from his two-decade association with professional basketball to produce a readable and inspirational guide for any coach, manager, and team member. Riley provides glimpses of the role played by the emotional side of basketball in winning and losing. He interweaves these experiences, mainly from playoff and championship games, with sound management principles and examples from the business world to illustrate his team-building leadership philosophy. Along the way, he tells some wonderful basketball stories. This book will appeal to a wide audience. Recommended for all public and secondary school libraries. Previewed in Prepub Alert, LJ 5/15/93.- Andrea C. Dragon, Coll. of St. Elizabeth, Convent Station, N.J.Copyright 1993 Reed Business Information, Inc. --This text refers to an out of print or unavailable edition of this title.

I have a copy of this book and I purchased one as a gift for a co-worker. This book is great for team building, if you want to really build on teamwork and enhancing the relationship among team members it is a great read for a group to read and discuss together. I still refer back to chapters in this book from time to time and I will always keep a copy in the house.

The Winner Within actually gets 4.5 stars from me. If you like team sports, not even basketball, this book will get to you. When you're in business and are strongly dependent on good teamwork, his lessons can be transformed to business life.Riley's success is known throughout the US. Being European and less familiar with the person itself it gives me good fundamentals for judging without strings attached. I think his methods work. His methods work, but they may not last or can be implemented in any situation. You have to take the best 60% of his method and mix it with your own beliefs and culture. This last 40% will be your adaptability withing your own situation. I have learned a great deal reading this book, as I was soon to become a business owner with a team of programmers. Riley's methods definitly helped me in creating my own team and, as important, my own style.Read it, absorb it, use it. Do not copy it.

...or dismissive of this book because of preconceived notions you may have about the author. I originally purchased & read this book when it was first released. I was pleasantly surprised and different passages have stayed with me for years. I have shared excerps with friends and they have

on numerous occasions given up my copy to an interested party, so this is about the 10th copy I have purchased. At this point Pat Riley should probably send me an autographed copy personally!Mr. Riley is an inspired motivational speaker that translates well to print, which is often not the case. It never comes across as hoaky or gratuitous, and it's funny how many people from different walks of life can identify and see the parallels with their own experiences.I recommend you give this book a try.It is totally worth your time.

#### Great book!

Be warned !!! This book will change your life... I am serious Pat Riley is one of the most prestigious and influential people of all time. His dedication and hard work to success is well known and well noted. Two words: Lebron James. After reading this book, you will understand how Pat was able to lure LB # 6 into signing with the Heat. This book was written in 1993, he has only gotten better at what he does 20 years later. this is an instant hit.

Haven't finished it yet but the four chapters that I have read are great. Gives examples of challenges that he or other faced and how they dealth with them. Some go into the exact detail and some are just the general idea. Most of it is about how to sacrifice your self for the team and seing that at the end it does pay off. Examples given from athletic teams and the corprate world as well.

The teaching and advice on servant-leadership, and team-comes-first (By Mr. Riley) are relevant, important and intelligent. I believe in teamwork as well, on and off the field (family, work, etc.), and coach Riley does wonderful job explaining his teaching points. This book was delivered in super condition, on-time and on-target. Super super service, thank you!!RB

Coach Riley was the original, "Showtime" Coach. He singlehandedly brought prestige, respect, & financial rewards to the coaching profession and we are all indebted to him eternally. His book (audio version rocks! It is like being with Coach!) is a wonderful collection of life lessons with concrete advice on how to approach it. Get it, listen to it, you will benefit from it.

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